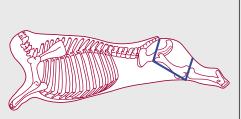
## "Quick Cook" Dice – 98%VL (Silverside)

## Silverside B018

Code:









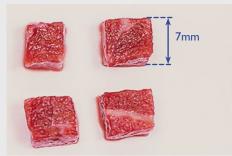
1. Position of the silverside.

- 2. Remove all gristle and fat from...
- 3. ...both parts of the silverside.
- 4. Follow the silver gristle and remove the silverside "side muscle". The silverside side muscle tends to be slightly tougher than the main muscle and should only be used for...









- ...slow cooking methods like sous vide or braising. Remove the remaining gristle between the main silverside and the silverside side muscle.
- Remove the tapered end of the main silverside muscle where the muscle grain is coarse and tough.
- 7. Cut remainder into 7x7x7mm cubes. (This is done easier when chilled/crusted and sliced on a gravity feed slicer).
- 8. "Quick Cook" Diced Silverside.



All connective tissue and fat is removed.

For this product the Silverside should be matured for a minimum of 14 days.

